

Ad Council - Mental Health Anti-Stigma Campaign

The Ad Council has endeavored to improve the lives of all Americans since first creating the category of public service advertising in 1942. The Ad Council has partnered with SAMHSA to create a National Mental Health Anti-Stigma Campaign called What a Difference a Friend Makes.

www.adcouncil.org

American Association of Suicidology

The goal of the American Association of Suicidology (AAS) is to understand and prevent suicide. AAS promotes research, public awareness programs, public education, and training for professionals and volunteers.

www.suicidology.org

American Foundation for Suicide Prevention

The American Foundation for Suicide Prevention (AFSP) is the only national not-for-profit organization exclusively dedicated to understanding and preventing suicide through research and education, and to reaching out to people with mood disorders and those affected by suicide.

www.afsp.org

American College Counseling Association

ACCA is an association for those persons in higher education to include colleges, universities, community and technical college settings, whose professional identity is counseling and whose purpose is fostering students' development.

www.collegecounseling.org

American College Health Association

The American College Health Association (ACHA) is the principal advocate and leadership organization for college and university health. ACHA provides advocacy, education, communications, products, and services, as well as promotes research and culturally competent practices to enhance its members' ability to advance the health of all students and the campus community.

www.acha.org

American Psychological Association

Based in Washington, DC, the American Psychological Association (APA) is a scientific and professional organization that represents psychology in the United States. The APA website provides helpful information on various mental health issues.

www.apa.org

American Psychiatric Association Healthy Minds: College Mental Health

The American Psychiatric Association (APA), founded in 1844, is a medical specialty society representing nearly 36,000 psychiatrists in the U.S. and from around the globe. The APA has created a resource that explores mental health issues that impact college students and provides helpful links and resources.

www.healthyminds.org/collegementalhealth_new.cfm

Anorexia Nervosa and Related Eating Disorders, Inc.

Anorexia Nervosa and Related Eating Disorders, Inc. (ANRED) is a nonprofit organization that provides information about anorexia nervosa, bulimia nervosa, binge eating disorder, and other less well-known food and weight disorders. ANRED has an informative website featuring materials with self-help tips and information about recovery and prevention.

www.anred.com

Anxiety Disorders Association of America

The Anxiety Disorders Association of America (ADAA) is a nonprofit organization whose mission is to promote the prevention, treatment and cure of anxiety disorders and to improve the lives of all people who suffer from them.

www.adaa.org

Anxiety Disorders Association of America Women's Initiative

In May 2003, ADAA launched the ADAA Women's Initiative to reach out to women along the life continuum and their families to educate them about anxiety disorders and encourage them to talk to a health professional about the anxiety disorder symptoms they may be experiencing.

www.adaa.org/ADAA%20web%20fin/forwomen.html

Bazelon Center for Mental Health Law

The mission of the Judge David L. Bazelon Center for Mental Health Law is to protect and advance the rights of adults and children who have mental disabilities. The Center envisions an America where people who have mental illnesses or developmental disabilities exercise their own life choices and have access to the resources that enable them to participate fully in their communities.

www.bazelon.org

Carson J Spencer Foundation

The Carson J Spencer Foundation, established in 2005, is a non-profit organization dedicated to preserving the memory of Carson J. Spencer, who took his own life after an acute cycle of bipolar disorder on December 7, 2004. The agency's mission is to support programs and services dedicated to early intervention and effective treatment for people with bipolar disorder and suicidal ideation.

www.carsonjspencer.org

Cornell Research Program on Self-Injurious Behavior in Adolescents and Young Adults

The Cornell Research Program on Self-Injurious Behavior in Adolescents and Young Adults provides an informative website. This site is intended to summarize research and to provide links and resources for information of value in understanding, detecting, treating, and preventing self-injurious behavior (SIB) in adolescents and young adults.

www.crpsib.com



Depression and Bipolar Support Alliance

The Depression and Bipolar Support Alliance (DBSA) is the leading patient-directed national organization focusing on the most prevalent mental illnesses. The organization fosters an environment of understanding about the impact and management of these life-threatening illnesses by providing up-to-date, scientifically-based tools and information written in language the general public can understand.

www.dbsalliance.org

Gay, Lesbian, Straight Education Network (GLSEN)

GLSEN, or the Gay, Lesbian & Straight Education Network, is a national education organization working to ensure safe schools for ALL students, regardless of sexual orientation and gender identity.

www.glsen.org

Gotanxiety.org

Gotanxiety.org is a service provided by the Anxiety Disorders Association of America. This website provides information for college students and has a special focus on issues facing women.

www.gotanxiety.org

Half of Us

Half of Us, in conjunction with mtvU and The Jed Foundation, provides a resource center with information on various mental health issues facing young people. This site features personal stories, interviews with celebrities who have experienced mental health issues, and more.

www.halfofus.com

Icarus Project

The Icarus Project envisions a new culture and language that resonates with actual experiences of mental illness rather than trying to fit into a conventional framework. The Icarus Project is a network of people living with experiences that are commonly labeled as bipolar or related madness. The Icarus Project is a website community, support network of local groups, and media project created by and for people struggling with bipolar disorder and other dangerous gifts commonly labeled as “mental illnesses.”

www.theicarusproject.net

Mental Health America

Mental Health America (formerly known as the National Mental Health Association) is the country’s leading nonprofit dedicated to helping ALL people live mentally healthier lives. MHA promotes the belief that good mental health is fundamental to the health and well-being of every person and of the nation as a whole.

www.mentalhealthamerica.net

mpower

Musicians for Mental Health (mpower) is a youth awareness campaign that is harnessing the power of music to change youth attitudes about mental health and stigma. Working with a diverse coalition of artists, music industry executives, mental health advocates and youth leaders, mpower is dedicated to reaching out to today’s youth.

www.mpoweryouth.org

National Alliance on Mental Illness

The National Alliance on Mental Illness (NAMI) is the nation’s largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation’s voice on mental illness, a national organization including NAMI organizations in every state and in over 1100 local communities across the country who join together to meet the NAMI mission through advocacy, research, support, and education.

www.nami.org

National Association of Anorexia Nervosa and Associated Disorders

The National Association of Anorexia Nervosa and Associated Disorders (ANAD) is a non-profit corporation that seeks to alleviate the problems of eating disorders, especially anorexia nervosa and bulimia nervosa. ANAD strives to educate the general public and professionals in the health care field to be more aware of the illnesses relating to eating disorders and methods of treatment.

www.anad.org

National Collegiate Athletic Association – Managing Student-Athletes’ Mental Health Issues

The NCAA provides resources and programs for its membership to develop policy and practices that help student-athletes make the proper choices for healthy lifestyles. This guide provides important information and resources on mental health and student athletes.

www1.ncaa.org/membership/ed_outreach/health-safety/index.html

National Eating Disorders Association

The National Eating Disorders Association (NEDA) is dedicated to expanding public understanding and prevention of eating disorders and promoting access to quality treatment for those affected along with support for their families through education, advocacy and research.

www.nationaleatingdisorders.org



National Institute of Mental Health

The National Institute of Mental Health (NIMH) is one of 27 components of the National Institutes of Health (NIH), the Federal government's principal biomedical and behavioral research agency. The mission of NIMH is to reduce the burden of mental illness and behavioral disorders through research on mind, brain, and behavior.

www.nimh.nih.gov

National Mental Health Awareness Campaign

The National Mental Health Awareness Campaign (NMHAC), a nationwide nonpartisan public education campaign, was launched as part of the 1999 White House Conference on Mental Health. NMHAC has a two-pronged goal: encourage people to identify, discuss, and seek help for mental health problems; and create a more accepting environment for them to do so.

www.nostigma.org

National Mental Health Information Center

The Substance Abuse and Mental Health Services Administration's National Mental Health Information Center provides information about mental health via a toll-free telephone number, web site, and more than 600 publications. The National Mental Health Information Center was developed for users of mental health services and their families, the general public, policy makers, providers, and the media.

1-800-789-2647 (English and Español)
1-866-889-2647 (TDD)

www.mentalhealth.samhsa.gov

National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline is a 24-hour, toll-free suicide prevention service available to anyone in suicidal crisis. With over 120 crisis centers across the country, the mission is to provide immediate, free, and confidential assistance to anyone seeking mental health services.

1-800-273-TALK (8255)

www.suicidepreventionlifeline.org

Office for Victims of Crime

The Office for Victims of Crime (OVC) was established by the 1984 Victims of Crime Act (VOCA) to oversee diverse programs that benefit victims of crime. OVC provides substantial funding to state victim assistance and compensation programs—the lifeline services that help victims to heal.

www.ojp.usdoj.gov/ovc/ovcres/welcome.html

QPR Institute

The QPR mission is to save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

www.qprinstitute.com

S.A.F.E. Alternatives®

S.A.F.E. Alternatives® (Self-Abuse Finally Ends) is a nationally recognized treatment approach, professional network and educational resource base, which is committed to helping individuals achieve an end to self-injurious behavior.

www.selfinjury.com

Screening for Mental Health

Screening for Mental Health, Inc., (SMH) first introduced the concept of large-scale mental health screenings with National Depression Screening Day in 1991. SMH programs now include both in-person and online programs for depression, bipolar disorder, generalized anxiety disorder, post-traumatic stress disorder, eating disorders, alcohol problems, and suicide prevention.

www.mentalhealthscreening.org

Substance Abuse and Mental Health Services Administration

The Substance Abuse and Mental Health Services Administration (SAMHSA) has established a clear vision for its work - a life in the community for everyone. To realize this vision, the Agency has sharply focused its mission on building resilience and facilitating recovery for people with or at risk for mental or substance use disorders.

www.samhsa.gov

<http://mentalhealth.samhsa.gov/databases> (SAMHSA Mental Health Services Locator)

www.ncadi.samhsa.gov (SAMHSA National Clearing House for Alcohol and Drug Info)

www.stopstigma.samhsa.gov (Resource Center to Address Discrimination and Stigma)

www.whatadifference.org (SAMHSA National Mental Health Anti Stigma Campaign)

www.findtreatment.samhsa.gov (SAMHSA Substance Abuse Treatment Facility Locator)

Suicide Prevention Resource Center

The Suicide Prevention Resource Center (SPRC) provides prevention support, training, and resources to assist organizations and individuals to develop suicide prevention programs, interventions and policies, and to advance the National Strategy for Suicide Prevention.

www.sprc.org

The Heard Speakers

The Heard Speakers work with The National Mental Health Awareness Campaign to provide inspiring student programming. The goal of the presentations is to provide a positive example of someone who has dealt with a mental disorder in order to help all students understand they can talk about whatever is troubling them.

www.nostigma.org/speakers.php



The Jed Foundation

The Jed Foundation was founded in 2000 by Phil and Donna Satow after they sadly lost their 20-year-old son, Jed, to suicide. The Jed Foundation is a New York-based 501 (c) (3) charitable organization with a mission to reduce the suicide rate among college and university students, across the United States. www.jedfoundation.org

The Mental Health Research Association

NARSAD (National Alliance for Research on Schizophrenia and Depression): The Mental Health Research Association is the largest donor-supported organization in the world that supports research on brain and behavior disorders. The organization's mission is to raise and distribute funding for the most promising psychiatric disease research in order to develop new preventative measures, better diagnoses and improved treatments for these conditions. www.narsad.org

Yellow Ribbon Foundation

Yellow Ribbon is a community-based program using a universal public health approach to provide education about suicide prevention. This program empowers and educates professionals, adults and youth. www.yellowribbon.org

