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The BACCHUS Network

Area 10 Newsletter

CT, MA, ME, NH, RI, VT

November 2007

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In This Issue

Area 10 Scholarship Winner
On Attending a Conference
The Peer Educator needs you!
Resources for Prevention
Another Winner!
Inspiration
Save the Date(s)!
Area 10 Leadership Team

Quick Links

[The BACCHUS Network](#)
[Area 10 Homepage](#)
[SmarterSex.org](#)
[FriendsDriveSober.org](#)
[TobaccoFreeU.org](#)
[BACCHUS Listserv](#)
[Conferences & Trainings](#)
[Charter Renewal](#)
[BACCHUS Store](#)
["The Peer Educator"](#)
[Advisor Corner](#)
[Discussion Boards](#)

Almost There, What a RIDE

It's almost that time of year again. Another BACCHUS General Assembly, another great chance to meet students from across the country, and another Student Advisory Committee (SAC) member. It's been a great year and I've had a lot of fun. Time to pass the torch onto someone new, and hopefully, wiser.

Chance Police Car

*Chance Dorland, age 20, pictured with a few new faces from Illinois at last year's GA in California.
I wonder where that cop was?*

SAC elections take place at General Assembly but don't think you're out of luck if you can't be there. If you would like to run for Student Advisory Council member of Area 10 and won't be in Atlanta, BACCHUS has you covered! Contact me for details.

Otherwise, I'll see you in Atlanta. Look for Chance Dorland, a.k.a. "Travis Barker" at the DJ booth Saturday night. If you'd like to help me beforehand, bring lots of sharpies and have a working knowledge of the best drummer in the history of the world's tattoos.

Chance Dorland

Click here to be added to the (spam-free) Area 10 Mailing List!

Join Our Mailing List!

Area 10 Scholarship Winner

Congratulations to our first Area 10 General Assembly scholarship recipient, **Rebecca Bowman of Roger Williams University** (Rhode Island)! Becky's registration fee is being covered by Area 10. Congratulations, Becky!

**Becky
Bowan
2007 GA
Scholar**

Becky is a senior at Roger Williams University, located in Bristol, Rhode Island. This is her third year as a Health and Wellness Educator (H.A.W.E.) and becoming a H.A.W.E. was the greatest decision she made during four years at RWU. This semester H.A.W.E. has completed many wellness programs including a mock arrest for drunk driving and custom photo "friends don't let friends drink and drive" keychains. Becky "love(s) my job, my advisor Donna Darmody and all of the H.A.W.E.'s".

Nice.

Look for information in future newsletters about scholarships for the spring 2008 Area 10 Conference!

Area Consultant's Corner: On Attending a Conference

Hello Area 10 advisors and peer educators!

We're all very excited around here for next week's General Assembly in Atlanta, GA (can you tell?) I'm sure that those of you who are attending are very excited to this great event. To help you get ready, I thought it would be worthwhile to offer some ideas about how to prepare for attending a professional conference and how to get the most out of your experience.

1. Set goals for what you want to get out of the conference. New ideas for programs? A better understanding of the theory behind health promotion efforts? Networking with groups from similar institutions? Figuring this out in advance will help you select sessions to attend.

2. Review the schedule. Who in your group will attend what sessions? Doing this early will help you meet your goals and gain the most ideas possible for improving your peer education program. Take advantage of everything your registration fee gives you!

3. Attend the Orientation session. Just like your own Orientation your first year on campus, a conference orientation session helps you get so much more out of your conference experience. At GA, this will be held Thursday at 4:30pm.

4. Be an ambassador. While attending a conference, you are representing not only yourself, but also your peer education group and your campus. Consider that when choosing your actions...or simply think "is this something I would want my grandmother see me do?"

5. Attend the Area 10 meeting on Friday 2:45pm. This will be your chance to meet others from New England as well as elect our new Student Advisory Committee member (SAC). Exercise your voting muscles!

**Lisa Currie, Area 10
Consultant**

6. **Need to troubleshoot a problem?** If you have problems of any kind at GA, talk with the BACCHUS National Staff. They are all former advisors and peer educators familiar with the unexpected things that can come up when you travel in a group. There will be a conference office at the hotel near the GA conference registration area to help you.

7. **Explore!** Be willing to hear new ideas, make new friends, learn a TON about peer education and, perhaps most importantly, have fun!!!

See you in Atlanta!

Be well...
Lisa Currie
Area 10 Consultant

The Peer Educator

Peer Educator OctNov07 Six times a year, copies of The Peer Educator, BACCHUS' magazine, are sent out to the advisors of our nearly 1000 affiliates. Filled with many ideas for programming, understanding health promotion and more, this magazine is the only publication devoted to addressing health and safety issues through peer education.

And we need your help in making it better! If you have a suggestion for an article, a program worth profiling or you wish to contribute an article, contact the editor, Andrea Zelinko, at andrea@bacchusnetwork.org or 303.871.0901...or click below to submit a profile of a person or program.

[Click here to submit to The Peer Educator!](#)

[Click here for past issues of The Peer Educator!](#)

Resources for Prevention

Even if you are not attending General Assembly, there are plenty of college health resources available to you that can support your peer education efforts. Here are a few ideas:

- **Network with other peer education groups.** Whether there are other groups on your campus or at other nearby colleges, you don't have to do this alone! Lean on each other for support, to collaborate on events and to expand your reach.
- **Tap local or regional networks.** The New England Health Educators Network (NEHEN) is a group of college health educators who meet several times a year to share resources and ideas to improve their efforts. (Contact Elise Phillips at Simmons College for more information - Elise.Phillips@Simmons.edu or 617-521-1001). Similar groups of health educators meet in the Boston area and in Connecticut. Check with colleagues on your area to see about starting your own if none exists!
- **Connect to NECHA and ACHA.** The [American College Health Association](#) and it's regional affiliate, [New England College Health Association](#), has a health promotion section that often addresses peer education efforts.
- **Online Resources.** The Internet offers a vast array of resources which can be both helpful and overwhelming to sort through. Harvard offers a list [here](#) on alcohol and other drugs and ACHA offers a broader list [here](#).
- **And don't forget BACCHUS!** Outside of the several annual conferences, including our own Area 10 Conference upcoming in spring 2008, BACCHUS offers a listserv, threaded discussion boards, and many other resources on the BACCHUS Network websites. Use the Quick Links above to navigate through them.

Have a favorite resource we didn't mention here? Email Lisa Currie at lcurrie@wesleyan.edu and we'll highlight it our next newsletter!

Another Winner!

Next time you see Ryan Travia be sure to say "Congratulations!".

Ryan, our ME/NH/VT State Coordinator and advisor at Harvard University, was awarded the NECHA President's Award at the recent NYSCHA/NECHA Combined Meeting. Attributes of the President's Award recipients include creativity, innovation, and dedication. As the inaugural director of Harvard's Office of Alcohol & Other Drug Services, Ryan was charged with creating a comprehensive and collaborative program to address alcohol and other drug use. Meeting this challenge head-on, Ryan has reached out to new colleagues, built relationships with key offices and developed a comprehensive Drug and Alcohol Peer Advisor (DAPA) training program for student leaders. (Read more [here.](#)) Well done, Ryan!

Ryan Travia

If your peer education program or an individual affiliated with it has received an award recently, email Lisa Currie at lcurrie@wesleyan.edu so we can include it in a future issue.

Inspiration!

You don't have to hold a position in order to be a leader.

~Anthony J. D'Angelo, *The College Blue Book*

Save the Date(s)!

Even if you are unable to attend GA, look forward to these upcoming conference and training opportunities offered by BACCHUS:

Tobacco Symposium on Young Adults

March 3 - 4, 2008
Sacramento, CA

Area 10 Spring Conference

Late March/early April 2008
Somewhere in New England!
(To be announced VERY soon!!!)

Peer Education Advisor's Conference

June 2008
Location TBA

Social Norms Conference

July 20 - 22, 2008
Burlingame, CA (near San Francisco)

12 month calendar

[Click here for details on all of BACCHUS' conference and training opportunities!](#)

Area 10 Leadership Team

If you have questions about BACCHUS, please contact a member of your Area 10 Leadership Team:

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Sincerely,

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